

REAL LIFE

Navigating a New Tomorrow

REAL House Program Rules

The REAL House is operated through REAL LIFE. Before any person stays at the house, they must review the rules of the house with REAL LIFE Staff and sign the rules.

Initials: _____

The individual must also be aware that there is no cost due initially to live at The REAL House. REAL LIFE understands the financial constraints that its Lifers are in and we do not want finances to restrict their access to programming. However, a program fee of \$150 a week will be due upon obtaining a job and earning the first paycheck. If this does not occur within 30 days of coming to REAL LIFE, you will be responsible for the program fee at that time. This enables REAL LIFE to continue to operate the house. Failure to pay the program fee after the first paycheck is received, will result in removal from the house. If a person moves out and does not pay the fees after they receive a job, a suit will be filed, and wages will be garnished. If a person is removed there will not be any reimbursements for program fees for any reason. A paper acknowledging and understanding this must also be signed before someone moves into the house.

Initials: _____

It is understood that breaking any of the rules can result in removal from the House. The House operates on a zero tolerance for use of drugs and alcohol. The House also operates on a zero tolerance for lying, bullying, stealing, and fighting. Breaking any of those rules will result in removal from the house.

Initials: _____

If a person is removed from the house, it is understood that REAL LIFE will immediately notify the courts, probation, or other systems that the individual is under. It is also understood that REAL LIFE is not responsible for finding the individual new housing if they are removed from REAL LIFE housing due to breaking of the rules.

Initials: _____

Rules of the REAL House:

Overview of House Operations and Expectations:

1. House rules are subject to change at staffs' discretion.
2. Any of the following actions could result in immediate removal from the Program and House:
 - a) Using Drugs or alcohol; failing a drug test
 - b) Stealing

- c) Violating curfew
 - d) Fighting
 - e) Lying
 - f) Not paying program fee on time.
 - g) Dating within REAL LIFE
 - h) Bullying or aggressive behavior toward house members, Peer Leaders, or staff
 - i) Inability to adjust to program rules or regulations
3. If you are removed from the house, your belongings will be packed up for you and held until all program fees are paid. If not paid within 7 days, your items will be discarded.
 4. If you have paid, you have 24 hours to get your belongings or they will be discarded. We cannot store items any longer than that. You must coordinate with staff to pick up your belongings. If you return to the property before permission is granted, you may be charged with trespassing.
 5. If you are removed from the program for failure to obey rules and following procedures, REAL LIFE will not be responsible for placing you into housing elsewhere or will not find you transportation elsewhere.
 6. For the first two weeks in the program, you are not allowed to work. You must attend ALL classes and groups – both virtual and in person.
 7. After the two-week period, staff will evaluate if you are ready for work. It is expected that everyone obtains a job within 30 days of being in the program.
 8. After getting a job, a program fee of \$150 a week is due on Fridays before 6pm and collected by the House Peer Leader. Failure to pay the program fee could result in removal. If you do not have a job after 30 days, you are still expected to begin paying the program fee. If you do not, you may be removed from the program.
 9. No illegal behavior of any kind is permitted on the property or elsewhere while you are in The REAL House. Any such behavior will result in immediate removal.
 10. You must meet with peer leader/staff weekly to review checklist and progress. It is YOUR responsibility to provide updates and ensure this occurs.
 11. Expect random drug testing. Refusal to submit to drug testing is an admission of guilt and grounds for immediate removal. You will have 20 minutes to provide a urine sample. If you fail to do so, you will also be removal.
 12. No weapons of any kind are allowed, including personal pocketknives.
 13. While in the program you cannot consume any bread or any food that contains poppy seeds. A positive drug test after consuming poppy seeds may lead to dismissal from the program
 14. If you are not removed for rule breaking, you will receive a counseling form, which will be followed by restrictions. After three forms, major corrective action will be taken, likely including removal from house.

Initials: _____

House Protocol:

1. Each person's room and the house are subject to search and inspection at any time without notice. This includes house common area, as well as your personal living space (i.e. bed and dresser) in the bedroom.
2. You are not allowed to bring furniture, TV, or gaming systems to the house.
3. Animals are not allowed on the property.
4. During your first 30 days at The REAL House, the curfew is 8:00 p.m. After your first 30 days, the curfew is extended based on behavior. This will be agreed upon by staff.
5. No overnight passes will be granted for the first 30 days. After 30 days, overnight passes may be granted with approval from staff based on your performance in the house. You must give a 24-hour notice.
6. All food must be stored in the kitchen. Eating outside the kitchen eating area is not permitted. No eating in the bedrooms.
7. It is your responsibility to provide your own food. The house does not stock the house with food.
8. You have 15 minutes after finishing a meal to wash all your dishes and clean up the kitchen.
9. Do not eat or steal food that is not yours.
10. House chores must be completed as they are assigned daily.
11. Your personal area, such as in and around your bed, must be kept clean AT ALL TIMES. Beds must be made. Any clothing or miscellaneous belongings left on the floor are subject to disposal. Residents are expected to be awake, dressed and have their rooms clean by 8am Monday thru Friday.
12. No changing of rooms or beds without approval of staff.
13. Do not leave your clothes in the washer or dryer after the cycle is finished. You must empty out dryer lint vent and leave washer and dryer ready to use for the next person.
14. Respect the noise level. No loud music or TV.
15. Keep outside noise to a minimum. Please do not disturb the neighbors.
16. No smoking on front porch. All smoking must be done in the back of the house. Cigarettes should be disposed of in a container and not in the yard.
17. All lights must be turned off when not in a room.
18. Do not leave personal belongings in the common areas.
19. There is not sleeping on the couch. Every person must sleep in their own bed.
20. Be respectful of the amount of time spent in the bathroom showering and grooming.
21. Leaving the door unlocked will result in a \$50.00 fine as it threatens the personal safety of the other residents.
22. If you are aware of behaviors occurring that are not in line with the rules stated within this document, you are required to report them to staff.

Initials: _____

Program Expectations:

23. There is no dating of clients within the program. Dating, fraternizing, or 'hanging out with' members of the opposite sex from other houses outside of official program activities is forbidden. This behavior will result in immediately removal from REAL LIFE and the house.
24. You are not allowed to borrow money from someone in the program, nor are you allowed to lend money to others in the program.
25. Attendance of all classes is mandatory unless working, in court, or having an appointment with case manager/Pathway Navigator. Other exceptions may be given by case manager/Pathway Navigator
26. Within the first 3 days of admission to The REAL House, you must visit your probation officer (if on probation), determine eligibility and apply for social services (i.e. cell phone, food stamps). Staff will help with this.
27. You must attend all assigned classes, groups, meetings, and alike that are assigned by your Pathway Navigator, peer leader or other staff.
28. Residents must secure employment within 30 days of moving in. Staff will assist as they can, but it is your responsibility to make the effort.
29. You are expected to complete the Real Life with REAL LIFE curriculum. Before you get a job, 3 chapters are due a week. After you get a job, one is due a week until finished.
30. House meetings at the house are scheduled by the peer leader or staff. Attendance is mandatory. If you are late or miss a meeting, you may be removed from the house.
31. Emergency house meetings can be called at any time. Do not arrive late or miss them or you could be removed from the house.
32. Be prepared to take positive criticism and to give it in a respectful, helpful manner. Be kind, caring and compassionate to other residents.
33. Should REAL LIFE receive information that may compromise the safety and security of our program, we may ask to search your cell phone. Should you refuse, this could result in removal.

RECCAP:

34. We utilize a recovery-based software called RECCAP. You will be explained the software and shown how to use it. It is your responsibility to ensure that you are logging in when you need to, "checking into" classes and doing updated assessments. **You will be reminded about this, but if you fail to do the tasks as instructed, this could result in removal.**

GRADUATION:

35. If you are slated to graduate, do not attend graduation, and do not make plans to get your certificate/completion letter- this will not be provided to you at a later date.

36. After you graduate, in order to satisfy all requirements, you must establish a transition/move out plan before leaving.

Initials: _____

I have read and understand these rules and will follow them to the best of my ability.

Sign and Date (Resident)

Sign and Date (Peer Leader or Pathway Navigator)
